

# Menu Items Allergen Check List

Note - Please state the name of the cereal(s) containing gluten\* and the name of the nut(s)\*\* in the appropriate column

MENU ITEM	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	 Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites**	 Lupins	 Molluscs
Soup Of The Day							✓		✓			✓		
<b>WINGS</b>														
Johno's buffalo wings	✓		✓				✓				✓			
Johno's BBQ wings	✓		✓							✓	✓			
<b>SALADS</b>														
BBQ Beef Salad			✓			✓				✓		✓		
Tempura Goat Cheese Salad	✓		✓				✓	✓		✓		✓		
Cajun Salad			✓					✓		✓		✓		
Falafel Salad	✓							✓						
Add Goats cheese	✓						✓					✓		
<b>TOASTED SANDWICHES</b>														
Beef Melt	✓		✓				✓							
Chicken Pesto	✓		✓				✓							
Cajun Chorizo	✓		✓				✓							
The Greek	✓		✓				✓							
The Dustin	✓		✓				✓			✓				
Toasted Special	✓						✓			✓				

\* Containing gluten (wheat, rye, barley & oats)

\*\* Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia

\*\*\* e.g. found in sausages, burgers, wine

✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit [www.fsai.ie/allergens](http://www.fsai.ie/allergens) or contact us at [info@fsai.ie](mailto:info@fsai.ie)

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<b>WRAPS</b>														
Light Spiced chicken	✓		✓											
Veggie Deluxe	✓		✓				✓					✓		
Crispy Chicken	✓		✓				✓							
<b>MAIN COURSES</b>														
Chicken Strips	✓		✓							✓		✓		
Golden Fried Goujons	✓		✓							✓		✓		
Homemade Lasagna	✓		✓				✓	✓	✓	✓		✓		
Beer Battered Whiting	✓		✓	✓						✓		✓		
Roast of the Day	✓						✓					✓		
Bubba Gump Shrimp	✓	✓	✓							✓		✓		
BBQ Philly Cheese	✓		✓			✓	✓							
Goat Cheese Bruschetta	✓		✓				✓			✓		✓		
<b>BURGERS</b>														
Classic American	✓		✓				✓			✓				
Guilt Free Burger	✓					✓				✓	✓			
Johno's Breast in A Bun	✓		✓				✓							

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Special Fries														
Pepper Jack Cheese Fries							✓							
Buffalo Fries			✓				✓							
Garlic and Cheese Fries			✓				✓			✓				
Sweet Potatoes Fries														
Tex-Mex Fries							✓							
Curry Cheese Fries	✓					✓	✓		✓	✓				
Classic Fried														
Fries														
Dips														
Curry Sauce	✓					✓	✓		✓	✓				
Pepper Sauce							✓							
Cocktail Sauce		✓												
Garlic Mayo		✓								✓				
Chilli Mayo		✓												
BBQ Sauce														
Gravy														
Buffalo Sauce							✓							

bbq sauce

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