






Menu Items Allergen Check List

Note - Please state the name of the cereal(s) containing gluten* and the name of the nut(s)** in the appropriate column

MENU ITEM	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	 Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites* **	 Lupins	 Molluscs
Goujons & Chips	✓													
Fish & Chips	✓			✓								✓		
Bangers & Mash	✓						✓					✓		
Burger & Chips	✓						✓							
Roast of the Day	✓						✓					✓		
Margherita Pizza	✓						✓							
Pepperoni Pizza	✓						✓							
Plain Pasta	✓													
Jelly & Ice Cream	✓		✓			✓	✓							
	✓						✓			✓				

* Containing gluten (wheat, rye, barley & oats)
 ** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
 *** e.g. found in sausages, burgers, wine
 ✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie