















Menu Items Allergen Check List

Note - Please state the name of the cereal(s) containing gluten* and the name of the nut(s)** in the appropriate column

MENU ITEM	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	 Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites**	 Lupins	 Molluscs
Soup Of The Day							✓		✓			✓		
Goats cheese bruschetta	✓		✓				✓			✓		✓		
Garlic cheese Bread	✓						✓							
Alabama Prawns	✓	✓	✓				✓			✓		✓		
Buffalo Cauliflower Wings	✓		✓				✓					✓		
BBQ Cauliflower Wings	✓		✓							✓		✓		
WINGS & Nachos														
Johno's buffalo wings	✓		✓				✓					✓		
Johno's BBQ wings	✓		✓							✓		✓		
Johno's nachos							✓							
Add spicebag chicken	✓		✓											
Add buffalo chicken	✓						✓							
SALADS														
BBQ Beef Salad			✓			✓	✓			✓		✓		
Tempura Goat Cheese Salad	✓		✓			✓	✓	✓		✓		✓		
Cajun Salad			✓				✓	✓		✓		✓		
Falafel Salad	✓							✓						
Add Goats cheese	✓						✓					✓		

* Containing gluten (wheat, rye, barley & oats)

** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia

*** e.g. found in sausages, burgers, wine

✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie

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<p>MENU ITEM</p> <p> Type menu items below and indicate allergens using a tick</p>	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	 Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites* **	 Lupins	 Molluscs
MAIN COURSES														
Golden Fried Goujons	✓		✓							✓		✓		
8oz Sirloin	✓						✓							
Featherblade	✓						✓							
Homemade Lasagna	✓		✓				✓		✓	✓		✓		
Beer Battered Whiting	✓		✓	✓						✓		✓		
Bubba Gump Shrimp	✓	✓	✓							✓		✓		
BBQ Philly Cheese	✓		✓			✓	✓							
Braised Veg Burrito	✓		✓				✓			✓		✓		
Red Thai Curry	✓	✓					✓		✓					
Penne Pasta	✓						✓		✓			✓		
Add chicken														
Add Prawns		✓												
BURGERS														
Classic American	✓		✓				✓			✓				
Whopper	✓		✓				✓			✓				
Smoked Tennessee	✓		✓				✓							
Guilt Free Burger	✓					✓				✓	✓			
Johno's Breast in A Bun	✓		✓				✓							
Spicebox in a Bun	✓		✓			✓	✓			✓	✓			

